

# LET'S GET HEALTHY DETROIT!



**SAT OCT 5TH  
12PM-3PM**

COUNCIL PRESIDENT PRO TEM  
**MARY SHEFFIELD**

**W/ARMOND RASHAD**

**SPECIAL EDITION OF**

# **RUN TOWN**

**YOGA/ MEDIATION BY LIVE CYCLE DELIGHT**

**DETROIT EDISON PUBLIC SCHOOL**  
FOOTBALL FIELD 2600 MACK DETROIT MI 48207